

## North West XC – Race 1 – Beacon Park 7 November 2021 – 4.8M

### Mens Results

1	Ian Lawton	Mersey Tri	U40M	76	Matt Nicholson	Ellesmere Port RC	O40M
2	Stephen Campbell	Knowsley Harriers	U40M	77	Patrick McKeown	North Endurance	U40M
3	Sam Broomhead	Mersey Tri	U30M	78	Connor Ohare	Mersey Tri	U30M
4	Chris Pownell	Knowsley Harriers	U40M	79	Steven Watson	Skem BH	U40M
5	Sean Merryweather	Cheshire Dragons	U40M	80	Chris Ryan	Mersey Tri	O40M
6	Ben Taylor	Pensby Runners	U40M	81	David Lawton	Liverpool RC	O40M
7	Dan Harbridge	North Endurance	U30M	82	Iain Craven	Warrington RR	O50M
8	Philip Johnson	Mersey Tri	U40M	83	Gareth Davies	St Helens Striders	U40M
9	James Toohey	Liverpool RC	U40M	84	Tadie Abeki	Knowsley Harriers	O40M
10	Stephen Watkin	Penny Lane Striders	O40M	85	Dave Gough	Cheshire Dragons	O55M
11	Sean Jones	Penny Lane Striders	U40M	86	Francis Hourigan	Widnes RC	O45M
12	Matt McClay	Mersey Tri	U40M	87	Gary English	Liverpool RC	O55M
13	Darren Stewart	Penny Lane Striders	U40M	88	Ian Palin	Liverpool RC	O45M
14	Liam Brown	Kirkby Milers	U40M	89	Barry Goodwin	Mersey Tri	O60M
15	Paul Martin	North Endurance	U40M	90	Patrick Corrigan	Pensby Runners	O60M
16	Matthew Clair	Liverpool RC	U40M	91	Aaron Bigg	Mersey Tri	U40M
17	Frank Fitzpatrick	Helsby RC	U40M	92	Peter Carney	Skem BH	O40M
18	Mark Clair	Mersey Tri	O40M	93	George Aylward	Penny Lane Striders	U40M
19	Chris Thompson	Mersey Tri	U40M	94	Stuart Atherton	Knowsley Harriers	O40M
20	Alex Cowin	Penny Lane Striders	O40M	95	Karl Bowles	St Helens Striders	O45M
21	Greg Hale	St Helens Striders	U40M	96	Daniel Gilbody	Skem BH	U40M
22	David Willshire	Penny Lane Striders	U40M	97	Kevin Brennan	St Helens Striders	O50M
23	Ben Lewington	Kirkby Milers	-	98	Daniel Mckevitt	Kirkby Milers	O40M
24	Lawrence Eccles	Penny Lane Striders	U40M	99	Rob Bruford	Northwich RC	O40M
25	Andrew Gibbons	Warrington RR	U40M	100	John Preece	Kirkby Milers	O45M
26	Matthew Collins	North Endurance	O40M	101	Ralph Pawling	Pensby Runners	U40M
27	Jamie Rutherford	Liverpool RC	U30M	102	Paul Turner	Southport Strollers	O45M
28	Kieran Allen	St Helens Striders	U40M	103	Bob Corinaldi	Cheshire Dragons	O50M
29	Alex Mason	Delamere Spartans	O45M	104	Leslie Johnson	Northwich RC	O50M
30	Will Kozer	Widnes RC	U40M	105	Andy Cummins	Warrington Tri	O40M
31	Daniel Waller	Mersey Tri	U40M	106	Gary Eddleston	St Helens Striders	O40M
32	Lee Moore	Kirkby Milers	U40M	107	Scott Hambleton	Penny Lane Striders	O40M
33	Carl Barnes	Widnes RC	U40M	108	Steve Mather	RRAMS	O55M
34	Phil Riding	Penny Lane Striders	O45M	109	Peter Rodriguez	Helsby RC	O40M
35	Lee Turner	Kirkby Milers	U40M	110	Stan Ogden	Spectrum Striders	O60M
36	Ian Hewitt	Liverpool Running Bugs	O45M	111	Derek Gibbon	Chester Tri	O50M
37	Kevin Harrison	Kirkby Milers	O40M	112	Chris Hayes	RRAMS	U40M
38	Peter Roome	Mersey Tri	O55M	113	John Whitehead	Helsby RC	U40M
39	John Myers	Run Sandymoor	O45M	114	Simon Wilkes	Mersey Tri	O45M
40	Fabian Devlin	North Endurance	U40M	115	Matthew Whalley	Kirkby Milers	U30M
41	Hilton Philips	Mersey Tri	U40M	116	Incorrectly taken		
42	Jay Williams	Kirkby Milers	O40M	117	James Warburton	Kirkby Milers	U40M
43	Kevin Walker	Skem BH	O45M	118	Kevin Smith	Helsby RC	O40M
44	Steve Tracey	Warrington RR	U40M	119	Ian Davies	Skem BH	O45M
45	Huw Kinsman	Spectrum Striders	U40M	120	Mark Botterill	Southport Strollers	O50M
46	chris fitzpatrick	Helsby RC	O45M	121	Steve Sherwen	Lymm Runners	O45M
47	Paul Clutterbuck	Cheshire Dragons	O50M	122	Joseph Chedgzoy	Kirkby Milers	U40M
48	Matthew Scott	Cheshire Dragons	O50M	123	Kevin Gillibrand	Warrington RR	O55M
49	Kyle Harrison	Liverpool RC	U30M	124	Graham Cushion	Liverpool RC	O45M
50	Robert Hough	Spectrum Striders	O50M	125	Chris Levick	Helsby RC	U40M
51	Steve Harrison	Birkenhead	O45M	126	Michael Connor	Penny Lane Striders	O55M
52	Adam Fitzsimmons	Kirkby Milers	U40M	127	Mark Howarth	Run Sandymoor	O45M
53	Michael Waring	Chester Tri	O50M	128	Ian Jelley	Chester Tri	O45M
54	Denni Henderson	Kirkby Milers	-	129	Adam Gilmore	Mersey Tri	U30M
55	Ben Stones	Mersey Tri	U30M	130	Mark Walker	Warrington Tri	O50M
56	Micheal O'Rouke	Penny Lane Striders	U40M	131	Richard Peers	Mersey Tri	O40M
57	Luke Wills	Skem BH	U40M	132	Tony Taylor	Sandbach Striders	O55M
58	Daniel Lightfoot	Cheshire Dragons	U30M	133	Craig Hacking	Penny Lane Striders	O40M
59	John McLaren	Knowsley Harriers	O40M	134	Daryl Mullen	Newburgh Nomads	O55M
60	Alex Rigby	Liverpool RC	U40M	135	Richard Latten	UTS RC	O40M
61	Gary Wilton	Kirkby Milers	O40M	136	Steve Thomas	Mersey Tri	O45M
62	Mark Hill	Ellesmere Port RC	U40M	137	Tim Grace	Mersey Tri	O50M
63	Julien Tour	Penny Lane Striders	U40M	138	Shaun Harding	Liverpool Running Bugs	U40M
64	Karl Tuzio	Newburgh Nomads	O55M	139	Tony Man	Penny Lane Striders	O50M
65	Joe McCarthy	North Endurance	O50M	140	Mark Baker	Warrington Tri	O50M
66	Andrew Grimshaw	Penny Lane Striders	O40M	141	Rob Chalmers	Pensby Runners	O40M
67	Glen Groves	Mersey Tri	O50M	142	Ashley Stillwell	Liverpool Running Bugs	U40M
68	Mark Turner	RRAMS	U40M	143	Colin Cheveau	Liverpool RC	O45M
69	Lewis Houghton	Kirkby Milers	U30M	144	Terry Lynch	Penny Lane Striders	O50M
70	Ian Magill	Liverpool RC	O50M	145	Anthony Hepple	Southport Strollers	O50M
71	David Edwards	Kirkby Milers	O55M	146	Jeff Adams	Pensby Runners	O60M
72	Chris Banks	Newburgh Nomads	U40M	147	Neil Goulding	Skem BH	O45M
73	Benjamin Tumilty	Helsby RC	U40M	148	Matt Dutton	Penny Lane Striders	O40M
74	Craig Sephton	Cheshire Dragons	O50M	149	James Witherspoon	North Endurance	U40M
75	Patrick Breen	North Endurance	U40M	150	Tony Jackson	Newburgh Nomads	O60M

151	Paul Alexander	Pensby Runners	060M	229	Stephen Riley	Helsby RC	055M
152	Matthew Parmenter	St Helens Striders	045M	230	Not Recorded		
153	Chris Wills	Knowsley Harriers	040M	231	Sean Loughran	Kirkby Milers	055M
154	David Gaskell	RRAMS	050M	232	Geoff Hand	Spectrum Striders	060M
155	Michael Scowcroft	Run Sandymoor	040M	233	Jon Moorhouse	Delamere Spartans	050M
156	Andrew Gaskell	St Helens Striders	050M	234	John Houghton	Run Sandymoor	060M
157	Colin Gill	Lymm Runners	050M	235	John Parry	Warrington Tri	045M
158	Simon Jones	Skem BH	050M	236	James Smith	Run Sandymoor	040M
159	Ian Sadler	Penny Lane Striders	060M	237	Michael Mcintyre	Kirkby Milers	U40M
160	Phil Magraw	Ellesmere Port RC	U30M	238	Paul Spare	Northwich RC	-
161	Gary Birch	Warrington RC	040M	239	Tommy Burke	Penny Lane Striders	060M
162	Paul Cheetham	Skem BH	050M	240	Dennis Yarwood	Spectrum Striders	055M
163	Jim Maxfield	Newburgh Nomads	060M	241	John Brown	Penny Lane Striders	060M
164	Peter Movice	St Helens Striders	060M	242	Richard Low	Newburgh Nomads	060M
165	Julian Spencer	Spectrum Striders	060M	243	John Urquhart	Run Sandymoor	040M
166	Daniel Tetlow	St Helens Striders	U40M	244	Chris Anderson	Penny Lane Striders	050M
167	Matthew Duffy	Helsby RC	050M	245	Andy Waring	Birkenhead	060M
168	Jim Dawson	Lymm Runners	055M	246	Christopher Sullivan	Kirkby Milers	045M
169	James Walsh	Mersey Tri	U40M	247	Lee Bibby	Southport Strollers	040M
170	Jim Jones	Helsby RC	055M	248	Jon Singleton	Southport Strollers	060M
171	George Pierce	Liverpool RC	050M	249	Dan McArthur	Liverpool Running Bugs	U40M
172	Andrew Garnett	Spectrum Striders	060M	250	Paul Wilson	Widnes RC	055M
173	Stephen Taylor	North Endurance	040M	251	Dave Winfield	Southport Strollers	055M
174	Tony Holmes	Liverpool RC	055M	252	Peter Stokes	Southport Strollers	060M
175	Steve Collyer	Chester Tri	050M	253	John-Paul Morris	Sandbach Striders	040M
176	Alistair Patrick	Mersey Tri	040M	254	Andrew Tadjanskas	Southport Strollers	060M
177	Kenny Forster	Spectrum Striders	060M	255	Ian Burrows	Run Sandymoor	045M
178	Tony Hart	Liverpool Running Bugs	050M	256	Ashley Hughes	Liverpool Running Bugs	U40M
179	John Suckley	Pensby Runners	060M	257	Nathan Cook	Skem BH	U15M
180	Stuart Green	Mersey Tri	045M	258	Joseph Cook	Skem BH	U20M
181	David Cox	Kirkby Milers	050M				
182	Stephen McConville	Pensby Runners	055M				
183	Tom Mayell	Sandbach Striders	045M				
184	Colin Thomson	Birkenhead	045M				
185	Jon Reynolds	Liverpool RC	045M				
186	Dave Lynch	St Helens Striders	045M				
187	Colin Wightman	Mersey Tri	050M				
188	Dean Thackray	St Helens Striders	U40M				
189	John Cooney	Knowsley Harriers	045M				
190	Barry Williams	Mersey Tri	U40M				
191	Martin Berry	Warrington RR	045M				
192	Michael Smith	Lymm Runners	055M				
193	Alan Wilcox	Northwich RC	-				
194	Chris Weeks	Mersey Tri	045M				
195	Nigel Foo	Penny Lane Striders	050M				
196	Brian Pennington	Pensby Runners	055M				
197	Anthony Atkinson	Spectrum Striders	055M				
198	Keith Hollingsworth	Run Sandymoor	U40M				
199	Richard Harris	Newburgh Nomads	055M				
200	George Fraser	Southport Strollers	055M				
201	Grant Davidson	Mersey Tri	045M				
202	Martin Foulkes	Widnes RC	040M				
203	Peter Heron	Mersey Tri	060M				
204	Roger Graham	UTS RC	045M				
205	Patrick Walters	Mersey Tri	055M				
206	Nick Paul	Skem BH	055M				
207	Steve Pemberton	Penny Lane Striders	060M				
208	Trevor Lewis	Helsby RC	050M				
209	Kieron Carr	Liverpool Running Bugs	050M				
210	Aaron Wilson	Liverpool RC	U30M				
211	Mark Hamilton	St Helens Striders	045M				
212	Andrew Glen	Liverpool Running Bugs	055M				
213	Steve Davis	Warrington Tri	055M				
214	Neil Macfie	Mersey Tri	060M				
215	Daniel Shannon	Run Sandymoor	U40M				
216	Gary Fisher	Kirkby Milers	U40M				
217	Paul McLean	Warrington RC	050M				
218	Paul Clarke	North Endurance	050M				
219	Barry McDonnell	Birkenhead	U40M				
220	George Howells	Mersey Tri	045M				
221	Simon Clayton	Warrington Tri	045M				
222	Alan Brady	Spectrum Striders	060M				
223	Paul Harbridge	Warrington Tri	060M				
224	Ian Ainscough	Chester Tri	060M				
225	Mark Fillingham	St Helens Striders	050M				
226	Neil Jenkins	Chester Tri	050M				
227	Malcolm Teale	Southport Strollers	060M				
228	Fred Duenbier	Newburgh Nomads	060M				

## Ladies Results

1	Louisa Thompson	Cheshire Dragons	O40F	68	Kathryn Schofield	Helsby RC	U30F
2	Maria Cook	Skem BH	O40F	69	Karen Smith	Chester Tri	O40F
3	Laura Gray	Mersey Tri	U30F	70	Shirley Staveley	Burden Road Runners	O50F
4	Amie Bagnall	Cheshire Dragons	U30F	71	Sue Buck	Helsby RC	O50F
5	Megan Ball	Liverpool RC	U30F	72	Emma Fraser	Run Sandymoor	O40F
6	Jessica Haney	Cheshire Dragons	U30F	73	Freya Cook	Skem BH	U20F
7	Marie Leahey	RRAMS	U40F	74	Rebecca Bancroft	Penny Lane Striders	O40F
8	Kelly Hamilton	St Helens Striders	U40F	75	Sian Walsh	St Helens Striders	U35F
9	Gillian Verdin	Liverpool RC	U30F	76	Kirstie McCaffrey	St Helens Striders	U35F
10	Crystal Dishman	Kirkby Milers	U30F	77	Sally Adams	Skem BH	O50F
11	Honor Thompson	Skem BH	O40F	78	Stacey Clark	Widnes Wasps	U35F
12	Melissa Morgan	Warrington RC	U30F	79	Claudia Pagoulatou	Pensby Runners	O40F
13	Rebecca Wadeson	Skem BH	O40F	80	Kate Walton	Mersey Tri	U40F
14	Bridget Glaister	Skem BH	O50F	81	Tracy Pennington	Pensby Runners	O50F
15	Nicola Laurence	Widnes RC	O40F	82	Melanie Sayed	RRAMS	O40F
16	Hannah Whittaker	St Helens Striders	U40F	83	Linda Stattham	Warrington RR	O50F
17	Kathryn Bradley	Penny Lane Striders	U35F	84	Jo Porteous	UTS RC	O50F
18	Bethan Falkener	Warrington Tri	U35F	85	Sue Heaps	St Helens Striders	O50F
19	Sharon Samson	Penny Lane Striders	O40F	86	Joanne Moyers	Widnes Wasps	O40F
20	Shona Moore	Mersey Tri	U35F	87	Karen Dalby	Mersey Tri	O50F
21	Lenka Vidamour	Penny Lane Striders	O40F	88	Jayne Dore	Mersey Tri	O50F
22	Kelly Marrin	Knowsley Harriers	O40F	89	Jane Forrest	Burden Road Runners	O50F
23	Lorna Harper	Mersey Tri	U35F	90	Kate Richardson	Pensby Runners	O40F
24	Gemma Kelly	Chester Tri	U40F	91	Shelley Hignett	Knowsley Harriers	U35F
25	Anna Parsons	Northwich RC	O40F	92	Lisa Lee	Widnes RC	O40F
26	Hayley Smith	Skem BH	U35F	93	Sarah Pickerill	Southport Strollers	O40F
27	Sarah Jackson	Penny Lane Striders	O40F	94	Bhav Mistry	Kirkby Milers	O50F
28	Charlotte Rawcliffe	Penny Lane Striders	O40F	95	Jay Smith	Liverpool RC	O40F
29	Kerrie Greenall	Warrington Tri	U30F	96	Alice Spooner	Penny Lane Striders	O40F
30	Holly Brown	Penny Lane Striders	U30F	97	Natasha Pearce	Mersey Tri	U30F
31	Wendy Lee	Pensby Runners	O50F	98	Isobel Davidson	Mersey Tri	U20F
32	Beata Suthard	Northwich RC	O40F	99	Christine Grant	Penny Lane Striders	O50F
33	Kylie Barlow	St Helens Striders	U35F	100	Anita Hall	St Helens Striders	O50F
34	Helen Feber-Lonsdale	Northwich RC	O40F	101	Jayne Russell	Kirkby Milers	O40F
35	Myka Heard	Penny Lane Striders	O50F	102	Katherine Robertson	Mersey Tri	O40F
36	Alicia Wadeson	Skem BH	U20F	103	Helen Eaton	Kirkby Milers	O40F
37	Hayley Fairclough	Liverpool RC	U40F	104	Hayley Smallman	Kirkby Milers	O40F
38	Karon Forster	Spectrum Striders	O60F	105	Gill Collen	Warrington RR	O60F
39	Christina Roach	Helsby RC	O60F	106	Lynette Houghton	Spectrum Striders	O50F
40	Lucie Michaelson	Penny Lane Striders	U40F	107	Catherine O'Leary	UTS RC	O40F
41	Lucy Knight	Cheshire Dragons	U35F	108	Jo Herriott	St Helens Striders	O40F
42	Adele Croxton	Run Sandymoor	U40F	109	Deborah Hepple	Southport Strollers	O50F
43	Katie Pownell	Knowsley Harriers	U40F	110	Carolyn Smith	Lymm Runners	O50F
44	Lynda Searby	Northwich RC	O40F	111	Emma Stokes	Southport Strollers	O50F
45	Lisa Webb	Widnes RC	O40F	112	Hannah Moorhouse	Delamere Spartans	O50F
46	Jennifer Martin	St Helens Striders	O40F	113	Tracy Meharg	Widnes RC	O50F
47	Kirsty Mackenzie	Southport Strollers	U40F	114	Emma Carey	Mersey Tri	U40F
48	Lucy Helsby	Kirkby Milers	U35F	115	Ali Cross	Southport Strollers	O40F
49	Sarah Wheelan	Kirkby Milers	-	116	Emily Yarwood	Spectrum Striders	U30F
50	Vanessa Griffiths	Helsby RC	O50F	117	Emma Southworth	Warrington Tri	O40F
51	Lesley Feakes	Helsby RC	O50F	118	Michelle Jones	Delamere Spartans	U40F
52	Nathsha Davies	Mersey Tri	U30F	119	Jo Lam	Widnes RC	O40F
53	Caroline Barrow	Widnes RC	O40F	120	Karen Bannon	Run Sandymoor	O40F
54	Janet Robertson	Helsby RC	O50F	121	Ellen Fera	Liverpool Running Bugs	U40F
55	Rachel Arnold	Helsby RC	O50F	122	Dawn Hignett	Widnes RC	O50F
56	Nicola Spafford	Skem BH	U35F	123	Helen Moore	Widnes Wasps	O50F
57	Tanya Foley	Skem BH	O50F	124	Dawn Gibb	Southport Strollers	O40F
58	Ruth Hewitt	Liverpool Running Bugs	O40F	125	Gillian Carlisle-Collett	Southport Strollers	O50F
59	Gill Hill	Helsby RC	O50F	126	Suzanne Wilkinson	Run Sandymoor	U35F
60	Lucy O'Connor	Kirkby Milers	U40F	127	Rita Mistry	Pensby Runners	O40F
61	Alison Macdonald	UTS RC	O50F	128	Hayley Hourigan	Widnes RC	O40F
62	Susan Kerfoot	St Helens Striders	U40F	129	Fiona Diaz	Run Sandymoor	U35F
63	Carole Morrison	Pensby Runners	O50F	130	Sandra Bentley	Widnes RC	O50F
64	Debbie Read	Helsby RC	O60F	131	Clare Oconnor	Liverpool Running Bugs	U35F
65	Nicola Hayes	Skem BH	O40F	132	Tracey Carr	Liverpool Running Bugs	O50F
66	Emma Nunnerley	Lymm Runners	O40F	133	Diane Peck	Knowsley Harriers	O40F
67	Lauren Lett	Mersey Tri	U30F	134	Corinne Davies	Liverpool Running Bugs	O50F
				135	Amy Crowder	Liverpool Running Bugs	U30F

## Team Results

### Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Mersey Tri 'A'	61	29
2	Penny Lane Striders 'A'	100	28
3	Kirkby Milers 'A'	183	27
4	North Endurance 'A'	228	26
5	Liverpool RC 'A'	231	25
6	Cheshire Dragons 'A'	317	24
7	Knowsley Harriers 'A'	396	23
8	St Helens Striders 'A'	430	22
9	Helsby RC 'A'	476	21
10	Skem & Parbold 'A'	486	20
11	Lymm & Warrington RR 'A'	552	19
12	Chester Tri & Ellesmere Port RC 'A'	590	18
13	Pensby Runners 'A'	635	17
14	Spectrum Striders 'A'	719	16
15	Newburgh Nomads 'A'	782	15
16	Liverpool Running Bugs 'A'	915	14
17	Run Sandymoor 'A'	968	13
18	Warrington Tri 'A'	1032	12
19	Southport Strollers 'A'	1041	11
20	Widnes RC 'A'	869 (Only 5 Ran)	10
21	RRAMS 'A'	978 (Only 4 Ran)	9
22	Northwich RC 'A'	1170 (Only 4 Ran)	8
23	Birkenhead 'A'	1235 (Only 4 Ran)	7
24	Sandbach Striders 'A'	1372 (Only 3 Ran)	6
25	Delamere Spartans 'A'	1334 (Only 2 Ran)	5
26	UTS RC 'A'	1411 (Only 2 Ran)	4
27	Warrington RC 'A'	1450 (Only 2 Ran)	3
-	Burnden Road Runners 'A'	No Team	-
-	Widnes Wasps 'A'	No Team	-

## Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1	Cheshire Dragons 'A'	11	29
2	Skem & Parbold 'A'	26	28
3	Mersey Tri 'A'	46	27
4	Liverpool RC 'A'	51	26
5=	Penny Lane Striders 'A'	57	25
5=	St Helens Striders 'A'	57	25
7	Northwich RC 'A'	91	23
8	Kirkby Milers 'A'	107	22
9	Widnes RC 'A'	113	21
10	Helsby RC 'A'	140	20
11	Knowsley Harriers 'A'	156	19
12	Warrington Tri 'A'	164	18
13	Pensby Runners 'A'	173	17
14	Run Sandymoor 'A'	234	16
15	Southport Strollers 'A'	249	15
16	UTS RC 'A'	252	14
17	Lymm & Warrington RR 'A'	254	13
18	Spectrum Striders 'A'	260	12
19	Widnes Wasps 'A'	287	11
20	Liverpool Running Bugs 'A'	310	10
21	RRAMS 'A'	234 (only 2 Ran)	9
22	Chester Tri & Ellesmere Port RC 'A'	238 (only 2 Ran)	8
23	Burnden Road Runners 'A'	304 (only 2 Ran)	7
24	Delamere Spartans 'A'	375 (only 2 Ran)	6
25	Warrington RC 'A'	302 (only 1 Ran)	5
-	Birkenhead 'A'	No Team	-
-	Newburgh Nomads 'A'	No Team	-
-	North Endurance 'A'	No Team	-
-	Sandbach Striders 'A'	No Team	-