

Helsby Running Club – AGM – 28 June 2020

Borders league report 2019/2020

After the mens 4th place finish in season 18/19, and the fantastic finish by our women, coming 2nd I was expecting both teams to push on for the 19/20 season, but an injury ravaged club put paid to that.

A few mentions to some great performances throughout the season. Hannah Cowley had to relinquish her title, still managing an excellent 3 podiums, but not quite enough to secure another title in a COVID 19 cut short season. Kai Horsley deserves a special mention coming 12th in the U20's category, and for me one of the moments of the season was seeing Kai take on the top 10 runners for the first mile or so at the last race in Wrexham. Laura Baynham-Hughes was consistent as ever coming 4th in the WV40, Adam "Mr Borders League" Gordon coming 8th in the MV45, Alison Halsall finishing 8th in WV50. It was great to see Andy Smith back after injury securing 9th in MV55.

Some of our strongest running came in the FV60, Christine Roach coming 2nd, Debbie Read 5th and Jackie Kasley 7th and 5th Place was taken by John Rossiter in the MV65.

Unfortunately, the men have been relegated to division 2, hopefully we can get everyone fit again and bounce straight back, whilst the women dropped to 4th, but am positive this will be rectified once the new season starts.

As always, the green army showed up in numbers, and the support has been great from too many to mention, but you all know who you are. We were due to host a race in April, and I think if we can get back to racing we shall still look to host a race in the Autumn/Winter. I would like to thank you all for your commitment and hard work.

Final results and standings can be found here;

It has now been agreed that season 2019-20 has been concluded. Races 6 and 7, planned for Ellesmere Port and Helsby respectively, have been cancelled. Awards, promotion and relegation are therefore determined on the basis of the standings over the 5 races that were staged.

Finalised results from Race 5 – along with the final Individual and Team standings – can be accessed from the links below.

<https://www.bordersleague.org.uk/results/>

Chris Fitzpatrick
1 June 2020